



VoluDerm and TriFractional (Divine Pro) Aftercare Advice

- Immediately after the treatment the skin may appear red (erythema), swollen, inflamed and the skin may produce lumps or spots to the surface of the skin. This may range from mild to intense due to micro trauma created in the skin.
- These signs on the skin are indications of the desired effect in order for the skin to repair itself and stimulate neocollagensis.
- The skins response may last anywhere from a few hours to 7 days depending on the intensity that is applied during the treatment.
- In case of excessive swelling, redness or discomfort the skin may be cooled using gauze soaked in cold water. Please do not use/apply any hydrocortisone cream to the area(s) treated.
- Avoid using makeup or any products for 3 days post treatment (including cleansers, moisturisers and sun creams – unless prescribed by your practitioner).
- Scrubs/exfoliation products should not be used for 14 days post treatment.
- During the first 3 days post treatment the area(s) treated can be cleansed with cool water only (no products).
- During the first 3 days post treatment hot baths, sauna, steam, massage or any mechanical or thermal damage to the treated area(s) should be avoided.
- Exposure to sunlight or tanning beds should be avoided. After 3 days post treatment, high factor sun cream or sunblock should be applied during the day (everyday). Using tanning beds after treatment may cause change in pigmentation.